PSY-207: Personality Theories II (3 CHs)

Prerequisite: Personality Theories I (PSY-233)

Course Description:

This is the second of the two courses of personality theories. This course will focus on theories of personality and the role of important institutions in personality development and personality assessment. Students will be able critically evaluate theories, role of social and cultural factors in personality development.

Course Objectives:

The course will facilitate students to:

- Understand a comprehensive review of major theories in personality psychology.
- Strengthen skills in critical thinking regarding subjective areas of human psychology.

Course Learning Outcomes:

By the end of the course, students will be able to:

- Explain and compare personality theories and their contemporary relevance.
- Critically analyze each theory in context of race, gender, and cultural issues. Be able to apply knowledge of personality theories to understand human behavior in everyday real-world settings, especially in analyzing current events or relevant topics of discussion in society.

Course Content:

- The Study of a Person
- Personality: What it is and why you should care
- How People Differ: The Trait Approach
    - Gordon Allport
- Personality and Motivation: The Genetics Approach
    - Reymond Cattell and Hans Eysenck
    - The Five Factor Model,

- HEXACO
- The Dark Triad
- Experience, Existence and Meaning of Life: The Humanistic Approach
  - Abraham Maslow
  - Carl Rogers
- The Mind and the Personality: The Cognitive Approach
  - George Kelly
- Existential Psychology and Personality
  - Rollo May
- Facets of Personality: Taking Control, Taking Chances, and Finding Happiness
  - Julian Rotter
  - Marvin Suckerman
  - Martin Seligman
- Cultural Variation in Experience, Behavior, And Personality
- Sex, Gender, and Personality

Textbooks:

- Schultz, D. P., & Schultz, S. E. (2016). Theories of personality. Cengage Learning.
- Cervone, D., & Pervin, L. A. (2022). *Personality: Theory and research.* John Wiley & Sons.
- Funder, D., (2016). The Personality Puzzle, 7th ed. New York, NY: W.W. Norton & Company.
- Larsen, R. J., Buss, D. M., (2018). Personality Psychology: Domains of Knowledge about Human Nature. New York, NY: McGraw-Hill Education
- Engler, B. (1999). Personality theories: An introduction (5th ed.). Houghton, Mifflin and Company.

Reference Books:

- Friedman, H. S., & Schustack, M. W. (2006). Personality: Classic theories and modern research (3rd ed.). Boston: Allyn & Bacon.
- Matthews, G. et.al. (2003). Personality Traits (2nd ed.). US: Cambridge University Press.

- Ryckman, R. M. (2000). Theories of Personality (7th ed.). US: Wadsworth.
- Ashcraft, D. (2012). Personality theories workbook. (5th. ed.). Belmont, CA: Wadsworth.